



HIMWAL Himalayan Women Awareness & Livelihood Society
संस्कृति, पर्यावरण एवं महिलाओं के लिये समर्पित।

PROJECT & NEWS UPDATE

Ongoing and completed initiatives, and their media coverage

ONGOING PROJECT

Leveraging Traditional Knowledge and Modern Technology to Promote Seabuckthorn Cultivation for Sustainable Rural Livelihoods in Joshimath–Niti Valley

Status: Ongoing, since January 2026

Funding Agency: Uttarakhand State Council for Science and Technology (UCOST), Dehradun

HIMWAL Society is currently implementing this research project, which introduces appropriate technologies to improve the quality and market potential of seabuckthorn products in the rural area of Joshimath block.

Through this initiative, HIMWAL Society aims to create new livelihood and employment opportunities, empower local communities, promote women and youth entrepreneurship, reduce migration, and strengthen the rural economy of the Joshimath–Niti Valley region. The project also promotes the sustainable use and conservation of local natural resources while raising awareness of the potential of seabuckthorn.

COMPLETED PROJECT

Enhancing Health Through Water and Nutrition: Empowering Students and Rural Women in Uttarakhand

Status: Completed, November 2024

Venue: Government Polytechnic College, Dhak (Joshimath)

Funding Agency: Uttarakhand State Council for Science and Technology (UCOST), Dehradun

HIMWAL Society successfully organized a Workshop-cum-Training Programme to raise awareness about the importance of safe drinking water and nutritious food for a healthy life. The programme provided practical knowledge to address water contamination and malnutrition in rural communities, and empowered students and rural women to promote health, hygiene, and better nutrition.



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The programme saw enthusiastic participation from students of Gaura Devi Government Polytechnic and ITI College, Dhak, rural women from Dhak village, local community leaders, and other stakeholders, with active discussion and shared learning that highlighted the value of community involvement in improving rural health and well-being.

ONLINE NEWS COVERAGE

1. राजकीय पॉलीटेक्निक कॉलेज ढाक में एकदिवसीय कार्यशाला का हुआ आयोजन (hinwali.com) ↗
2. हिमवाल सोसाइटी एवं यूकॉस्ट देहरादून की ओर से छात्रों और महिलाओं को सशक्त बनाने के उद्देश्य से राजकीय पॉलीटेक्निक कॉलेज, ढाक में एकदिवसीय कार्यशाला का आयोजन (tvuttarakhand.com) ↗
3. Workshop on Health Promotion Through Water and Nutrition — Empowering Students and Rural Women in Uttarakhand (chamolnews.in) ↗
4. पानी एवं पोषण से स्वास्थ्य संवर्धन विषय पर आयोजित हुई एक दिवसीय कार्यशाला (devbhumisandesh.com) ↗
5. मिलेट्स “श्री अन्न” के महत्व, उनके स्वास्थ्य बर्धक गुणों पर कार्यशाला का आयोजन (uttarakhandsamachar.com) ↗